The Occupier 79 Regent Street Stonehouse Gloucestershire **GL10 2AA** 





# Dear Resident,

We know everyone's lives are seriously affected by the Coronavirus, so we would like to reassure you that Stroud District Council is working to make sure you receive the services you need to help you through this very tough time. We also would like to thank you for everything you are doing to help stop it spreading and protecting your community.

# I need help...

If you need help with essential food and medical supplies, please register on the Gloucestershire Community Help Hub www.gloucestershire.gov.uk/gloucestershirescommunity-help-hub

Please do not register if you are already receiving assistance, if you have enough help for the next 2 weeks, or to request non-essential items.

## I don't have a computer or a smart phone...

You can call the Help Hub on 01452 583519. The lines are open Monday to Friday, 8am to 8pm and Saturday and Sunday, 9am to 4pm. This is a priority telephone line for people who need help. Please do not use it for reporting other issues.

### I'm OK at the moment...

If you do not need help now, please keep this information in a safe place, so you can refer to it if you need help later on.

### I can help...

We appreciate that there is a lot of great work going on in communities across Stroud District and we want to thank every one of you. If you are able to offer help, you can do this on the Gloucestershire Community Help Hub too. Register online at the link above or call 01452 583519.

# What's available in my area...

To help you see easily what support is available in your area, we have created a community support map: <a href="www.stroud.gov.uk/health-wellbeing/coronavirus/find-support-services-map">www.stroud.gov.uk/health-wellbeing/coronavirus/find-support-services-map</a>. All the support groups on the map have either registered on the Gloucestershire Community Help Hub or are established charities and organisations.

#### I need medical assistance...

If you need medical help, do not visit a GP surgery, pharmacy or hospital. If you have symptoms of coronavirus (a high temperature or a new, continuous cough), use the 111 coronavirus service: www.111.nhs.uk/covid-19/

If you need help or advice not related to Coronavirus:

Please use the NHS website or your GP surgery website. If you are not online, telephone your surgery. For urgent medical help, use the NHS 111 online service – only call 111 if you're unable to get help online. For life-threatening emergencies, call 999 for an ambulance.

### What else I can do...

We can all help in not spreading the Coronavirus. Please stay at home. Only go outside for food, health reasons or work (but only if you cannot work from home). If you go out, stay 2 metres (6ft) away from other people at all times. Wash your hands as soon as you get home. Do not meet others, even friends or family. You can spread the virus even if you don't have symptoms.

Waste and recycling collections are running as normal but county council recycling centres at Horsley and Hempsted are closed – please don't overload the service or dispose of waste through a third party who may fly-tip. Please do not light a bonfire - this could cause more problems for at-risk groups who have breathing difficulties.

Due to the demands on the community and the Council, temporary changes to the way we are operating have been made. Find out more and get updates here: www.stroud.gov.uk/coronavirus and follow our social media channels, or call 01453 766321.

Together we can tackle the Coronavirus and make sure that no-one is left behind.

Stay well and safe.

Councillor Doina Cornell (Labour), Stroud District Council Leader

Councillor Martin Whiteside, Green Group Leader.

Councillor Ken Tucker, Liberal Democrat Group Leader

Councillor Stephen Davies, Conservative Group Leader